

CODE OF CONDUCT FORM PLAYERS U14 AND ABOVE

ATHLETE'S CODE OF CONDUCT (Please read and sign)

Athletes have a responsibility to:

- 1) Treat everyone fairly within the context of their activity, regardless of gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
- 2) Consistently display high personal standards and project a favorable image of their sport and of playing.
 - a) Refrain from public criticism of fellow athletes, coaches and officials.
 - b) Abstain from the use of tobacco products and discourage their use by fellow athletes and coaches.
 - c) Abstain from drinking alcoholic beverages while participating in athletic events.
 - d) Abstain from possession or use of any substance prohibited by Federal or Provincial Law.
 - e) Adhere to the guidelines provided by the Canadian Centre for Drug-Free Sport and abstain from the use of all banned substances and methods.
 - f) Refrain from the use of profane, insulting, harassing or otherwise offensive language.
 - g) Refrain from vandalism and personal misconduct; to abstain from any malicious damage to property or persons.
 - h) Abstain from personal misconduct causing harassment to participants, officials, coaches, or spectators.
- 3) Treat opponents and officials with due respect, both in victory and defeat.
- 4) Uphold the rules of Ringette and the spirit of those rules.

Athletes must:

- 1) Respect the dignity of coaches, officials and fellow athletes; verbal or physical behaviours that constitute harassment or abuse are unacceptable.
- 2) Never advocate or condone the use of drugs or other banned performance enhancing substances or methods.
- 3) Never provide underage athletes with alcohol.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in the Athletes' Code of Conduct. I agree to this code of conduct, and will follow it.

Player Signature: _____

Date: _____

PARENT'S CODE OF CONDUCT (Please read and sign)

Delta Ringette is committed to providing a sport environment in which all individuals are treated with respect and dignity in an environment free from discrimination and harassment. Fair play is an important part of Delta Ringette and as such, parents are asked to read and sign the following:

- I will remember that my child plays sports for his/her enjoyment, not mine. Do not force an unwilling child to participate in sport.
- Encourage your child to play by the rules and to resolve conflict without resorting to hostility or violence.
- Teach your child that doing one's best is as important as winning, so that your child will never feel defeated by the outcome of a game/event.
- Turn defeat into victory by helping your child work toward skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing a competition. Make your child feel like a winner every time by offering praise for competing fairly and trying hard.
- Remember that children learn best by example. Applaud good plays by your team and by members of the opposing team.
- Never question the official's judgment or honesty in public.
- Support all efforts to remove verbal and physical abuse from children's sporting activities.
- Respect and show appreciation for the trained volunteer coaches who give their time to provide sport activities for your children, understanding that you have a responsibility to be part of your child's development.

Parent Signature: _____

Date: _____