

Appendix A

DELTA RINGETTE ASSOCIATION DRESSING ROOM PARENT HANDOUT

Players need to build camaraderie and the dressing room is a great place to do so but we need to make sure our kids are being respectful of their teammates, parents, opposing players and themselves.

Dressing rooms should be a restricted area for the exclusive use of players to change into their equipment and uniforms, share the team experience, and expect privacy. In general, access to team dressing rooms is limited to designated team officials, players, coaches, managers, trainers or designated female parents. Without exception, at least one member of the team staff present in the dressing room must be an adult female.

The dressing room is also an area for the players to build team spirit, to physically and mentally prepare and focus on game preparation and strategies, and to receive instructions and direction from the Coach and team management staff.

Parents, siblings, friends and other persons should not infringe upon the dressing room privacy of our players as they dress and prepare for a game or after a game.

- No male coaches or parent is permitted in the dressing room while the players are getting dressed (U12 level and above).
- There should be at least two adult female in the dressing room at all times.
- Players must be fully dressed at least 10 minutes before ice time so the coaches can enter and discuss the game with the players.
- NO cameras/video or cell phones may be used in the changing rooms at ANY time. Players must leave these at home or hand them to the team manager BEFORE they enter the dressing room.
- Coach/Manager/Designated Adult must keep their cell phones in their pocket/purse while in the dressing room and leave the room if they need to answer a call.
- Voices will be kept to a reasonable level. No screaming or yelling.
- No graffiti or vandalism or any sort to walls, benches, bathrooms or showers.
- No swearing or rude language of any kind.
- Fighting, badmouthing and general abuse of fellow players will not be tolerated.
- No alcohol or tobacco.
- Garbage must be cleaned up before you leave the change room. No tape left stuck to anything. Leave the dressing room the same way you would expect it to be when you arrive – clean.

All participants in the Delta Ringette Association are expected to adhere to these guidelines at all times.